



NAME OF POLICY	SUNSMART skin protection (UV) and hot weather POLICY
RATIONALE	<p>The purpose of this policy is to promote the awareness of skin damage caused by the harmful ultraviolet rays of the sun and to encourage the school community to protect their skin, and to reduce the risk of heat stress.</p> <p>This applies to all members of the school community between 8.30a.m. and 3.10p.m at all times of the year. Road Crossing monitors will wear a hat at all times.</p>
PUBLICATION DATE	JULY 2015
REVIEW DATE	JULY 2017
RELATED POLICY	N/A

SUNSMART POLICY
Skin protection (UV) and Hot Weather

Hot Weather procedures

On VERY HOT DAYS - 35 – 38 degrees. – Early play on Asphalt only, 2nd play session in doors.

- First Lunch will be as normal – 11:15 – 11:45 but children will not be allowed to play on the new 'Adventure Playground'. There will be no sports equipment and children will be encouraged to play quietly in the shade. Teachers will be notified via the telephone if students are to stay inside at recess.
- There will be **no play** at Recess – 1:15 – 1:40. Leadership or support teachers designated as being on duty or who have not had duty all day will support by releasing teachers who have not had a break all day. Computer room or Library may be open if staff are available and the Gym can also be accessed on certain days. This will be announced. Teachers may release each other to provide breaks.
- 38 degrees or over, No Play at all. All play will be indoors on these days.
- The bell will still ring to signal the beginning and ends of break times at recess and lunch.
- Teachers use their professional judgement when planning outdoor activities in line with the Camping/Outdoor Policy. If 32 degrees or above, all outdoor activities will be completed before 12 midday.
- When on excursions, parents should provide students with water to drink.

On days 32 degrees or over staff will arrange sport/fitness lessons before 10am. On extremely hot days, sport/fitness only occurs indoors. The PE teacher has priority.

Skin Protection (UV radiation) procedures

General Skin-protection Strategies:

The following procedures in this policy are for implementation all year round and when the UV radiation levels are 3 and above with the exception of hats which are to be worn all year round. Depending on school activities (e.g. sports day or excursions) staff and students are encouraged to monitor the UV radiation levels in May. The daily SunSmart UV Alert can be accessed via www.bom.gov.au/sa/uv or via the SunSmart app.

- The school community is encouraged to wear appropriate clothing to protect the face, neck and ears whenever possible. E.g. sport lessons and carnivals, outdoor excursions and activities, lunch and recess breaks. Sun protective clothing includes tops with collars and longer style sleeves and longer style shorts, dresses and skirts. If accompanying students on excursions or outdoor activities, adult helpers, parents and teachers are expected to wear appropriate sun smart clothing and a hat as per our guidelines.
- A broad rimmed (minimum 7.5cm) or legionnaire style hat (must cover ears) is compulsory all year round. Green, black or white hats may not be of the cap or bucket variety and must not have been vandalised, torn, cut or modified in any way.
- Children who do not have their hats will sit in the shade surrounding the asphalt. A note will be sent home to parents/caregivers so that a hat may be obtained, if continually not wearing a hat.

- Children are encouraged to use available areas of shade for outdoor play activities. Shade is considered when planning outdoor activities. On days where the UV is 3 and above, staff will organise sport/fitness lessons before 10am where possible or conduct them in the shade.

Parents are encouraged to supply their children with sunscreen from home and children are actively encouraged to apply it 20 min before going outdoors and reapply every 2 hours when the UV is 3 and above. Children are not permitted to share their sunscreen with other students. DECD policy states that the school is not allowed to apply sunscreen in case the children are allergic to it or have some form of skin allergy.

Our School:

- Incorporates aspects of sun safe practices into the curriculum e.g. teaching for the prevention of skin cancer, encouraging behaviours that are endorsed by Cancer Council SA - Sun Smart etc.
- Expects the use of hats and reinforces regularly the SUNSMART Policy in a positive way through newsletters, parent meetings and school community activities
- Expects that staff, parents and visitors will role model sun protection as part of WH&S when involved in outdoor activities at the school including wearing a sun protective hat and clothing, sunscreen and sunglasses.