



NAME OF POLICY	NUT-FREE POLICY
RATIONALE	To provide a safe learning environment for ALL people in our school community including, but not limited to, students and staff with a severe peanut/nut allergy. Exposure to nuts can trigger an anaphylactic reaction which can be life threatening.
PUBLICATION DATE	APRIL 2017
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RELATED POLICY	

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GUIDELINES:

The following foods are NOT permitted at school:

- Peanut butter sandwiches, dips or crackers
- Nutella sandwiches or dips
- Biscuits and cakes containing nuts
- Muesli bars containing nuts
- Chocolate containing nuts eg. Snickers
- Dried fruit and nut mixes
- Any other products that have nuts listed in the ingredients.

Please note that coconut is NOT a nut. Most children with a nut allergy will tolerate coconut and it only needs to be avoided if a doctor has advised this. (Nut Allergy Fact Sheet, Children, Youth and Women's Health Service, Nutrition Department, Women's and Children's Hospital.)

Responsibilities of parents/caregivers:

Parents/caregivers are asked to support the school's Nut-Free Policy by:

- Being sensitive and supportive to the needs of anaphylactic staff and students.
- Providing children with healthy food options that do not contain nuts
- Applying our Nut-Free Policy when sending food to school for a birthday or a class party
- If your child eats nuts for breakfast (eg. Nutella on toast), please ensure your child washes their hands and cleans their teeth before coming to school.

Children who bring foods containing nuts to school will have the food removed and an alternative provided from our canteen. A note will be sent home to parents/caregivers advising of this action.

This Nut-Free Policy applies to those ingredients specifically listed on the product label. However, a lot of products have listed on their packaging: "*may contain traces of nuts*" and the school acknowledges that it is not practical to ban all of these foods.