

**Long Street Primary School**

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**Respect Honesty****Responsibility Excellence**

<b>NAME OF POLICY</b>	<b>NUT-AWARE POLICY</b>
RATIONALE	To provide a safe learning environment for ALL people in our school community including, but not limited to, students and staff with a severe peanut/nut allergy. Exposure to nuts can trigger an anaphylactic reaction which can be life threatening.
PUBLICATION DATE	MAY 2018
REVIEW DATE	MAY 2020
RELATED POLICY	

**Government  
of South Australia**

Department for Education

## **NUT-AWARE POLICY**

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### **GUIDELINES:**

**Please be aware the following foods may cause anaphylactic reactions for staff and students:**

- Peanut butter sandwiches, dips or crackers
- Nutella sandwiches or dips
- Biscuits and cakes containing nuts
- Muesli bars containing nuts
- Chocolate containing nuts eg. Snickers
- Dried fruit and nut mixes
- Any other products that have nuts listed in the ingredients.

**Please note that coconut is NOT a nut. Most children with a nut allergy will tolerate coconut and it only needs to be avoided if a doctor has advised this.** (Nut Allergy Fact Sheet, Children, Youth and Women's Health Service, Nutrition Department, Women's and Children's Hospital.)

### **Responsibilities of parents/caregivers:**

Parents/caregivers are asked to support the school's Nut-Aware Policy by:

- Being sensitive and supportive to the needs of anaphylactic staff and students.
- Applying our Nut-Aware Policy when sending food to school for a birthday or a class party
- If your child eats nuts for breakfast (eg. Nutella on toast), please ensure your child washes their hands and cleans their teeth before coming to school.